



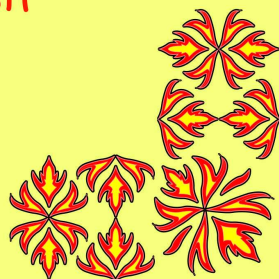
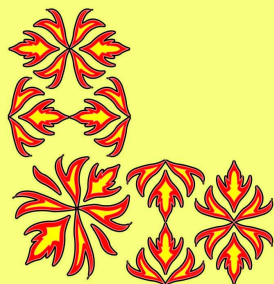
Hannah's Day

2013

Will be on Saturday 6th July

from 3.30 till late

Bring some food to share, a bottle
and a friend if you wish





ABOUT THE DAY



Come and go as you wish. It's open house from 3.30pm and lasts either till late that night or early the next morning. You can stay till the end if you want. Your kids are welcome but if you want them to stay till the evening please consider the needs of other adults.



The 'community picnic' works really well. We always get a great selection of food so we're doing that again. Please bring along something you enjoy eating to share with the other guests.

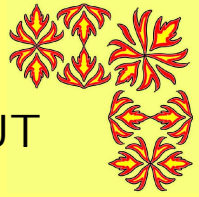
We try to have something different to amuse everyone and this year's no exception. We have something new.

During the afternoon Christine Routley has kindly offered to do face painting for children. (Adults too if you really want.) As she's not charging for her paints or time, if you or your kids get decorated, please put something in her donation box.

Michael Richards, a Tai Chi expert, has kindly agreed to run a short session of Chi Gung exercises for us. (No, I don't know what they are either but it sounds good. Maybe we'll discover we want to learn more about it.) If you want to join in, make sure you're here before 6 as the session will be some time between then and 7pm. Oh and comfortable clothing would be useful but not essential.

June O'Neil may be able to hold one of her amazing Indian Drum Ceremonies such as the ones at my wedding day to Nigel and previous Hannah's Days, but she's not sure. If she can make it, drumming will be from 7 to 8pm as last year. I'll let you know as soon as I hear from her closer to the date what you'll need if you want to join in. I'll update you asap.





WHAT HANNAH'S DAY'S ABOUT

Hannah's Day's named for my mum who's the inspiration behind this day. Some of you may have known her.

When she turned 90 she moved in with Nigel and me. If you knew her you'll know that one of the things she loved best was meeting up with family and friends. So every year for the last 10 years of her life, we made her a birthday party. For her 100th she had two, one here and one at the day centre she went to regularly. Both were brilliant.

I loved the parties as much as she did as I too want to keep in touch with everyone. (Collecting Friends was always put on job application forms as one of my hobbies.) When my mum died I needed another excuse for a party every year.

So Hannah's Day was born.

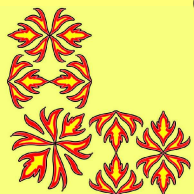
Every year since then, round about the date my mum died, we've held Hannah's Day, a party to keep in touch with everyone who's meant something to us, whether they be relatives, friends or people we've just met.

Each party's been different, but all have been fun.

This is our 9th Hannah's Day and we'd love it if you could be with us.

We hope you'll be able to join us but if you can't please keep in touch.

And whether you come or not, why not contact someone you don't often see to let them know that you think of them and care about them.



HOPE TO SEE YOU ON THE 6th JULY

