

Hannah's Day

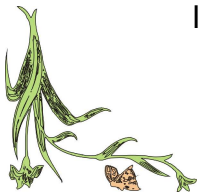
Saturday 2nd August 2008

From 2.00 till late

Nigel and I invite you to join us in memory of this wonderful lady who valued family and friends above all.

See next page for more about the day

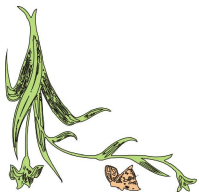
If you can't join us for whatever reason, for Hannah's sake please contact us to keep in touch.





Bring a bottle
(and a friend if you wish)

EXTRA EVENT (weather permitting):
Short outdoor Biodanza session
from about 2.30 pm
(only join in if you want to)



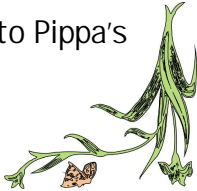
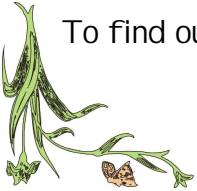


ABOUT BIODANZA

Biodanza is moving with music. If you enjoy dancing you'll enjoy this. It's almost impossible to describe what it feels like to join in one of these sessions. Some people love it. I do!

You're invited to come along (if you wish) to join a short session taken by Pippa Kennan, an accredited Biodanza instructor who's giving her skills and time free of charge.

(If you join in with the session it would be appreciated if you could give a small donation so that we can give something to Pippa for her time and towards the fee we will have to pay for use of the school field.)



To find out more about Biodanza before the event, go to Pippa's site on www.biodanza-herts.co.uk or look on

www.biodanza.co.uk




ABOUT HANNAH'S DAY



Hannah's Day is our way of remembering my mum and her love of keeping in touch with people she cared about.

This Open Day (come and go when you please - children welcome in the afternoon) is held as close as possible to the anniversary of her passing. You're invited because we care about you and don't want to lose touch with you.

Last year Hannah's Day was held in a local pub because of my health. I'm happy to say that I'm now loads better so this year we're getting together at our home.



Whether or not you can make the party, in the true spirit of Hannah's Day, why not contact someone you don't see very often, even if it's just to let them know that you still think of them and care about them.

